

RECEPTION

This term we will be introducing our receptions to **volleyball**, familiarising students with the ball and introducing students to the **fundamental movement skills (fms)** skills of catching and striking the ball with an open hand. Children will learn the key terminologies of tracking and underhand serve. Children will be introduced to some **Spikezone** concepts.

Students will also be learning **Australian rules football**, focusing on feet and hands. Children will explore the various ways we can move an oblong ball with their feet and hands. Children will be introduced to the **fms** of kicking, handpassing, catching and gathering the ball. Children will learn the key terminologies punt kick and handpass. Children will be introduced to some **AUSKICK** concepts.

Our receptions will continue to work hard on being **organised participants** (forming teams/lines, taking turns, playing by the rules and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to PinSkittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through these games whilst having opportunities to develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

Across the whole school we will be also focusing on **running** – introducing the 6 cues that we can use to explore a good running technique.

All children will participate in an intensive four session TRI SKILLS **gymnastics** program.

All children to complete the **Premier's Be Active Challenge**.

We will continue to encourage our students to identify connections that Physical Education has with mathematics and all other curriculum areas.

YEAR 1-2

In term 3 our Year 1-2 students will learn **volleyball** and introducing students to the **fundamental movement skills (fms)** skills of catching, passing, striking the ball with an open hand, the set and the spike. Children will learn the key terminologies of tracking, receiving, underhand serve, dig and set. Children will learn **Spikezone** concepts and modified games.

Students will also be learning **Australian rules football**, focusing on feet and hands. Children will explore the various ways we can move an oblong ball with their feet and hands. Children will learn the **fms** of kicking, handpassing, catching, gathering the ball and bounce. Children will learn the key terminologies drop punt, mark and handpass. Children will learn **AUSKICK** concepts and games.

Our Year 1 & 2 students will consolidate being **organised participants** (forming teams/lines, taking turns, playing by the rules and following instructions) and developing **spatial awareness** (eyes peeled, avoiding collisions and adjusting travel speed), through **movement exploration** games eg Creative Walking/Moving, The Loose Caboose, Wallabies and Water Rats, Stork Tag, Popcorn Chasey, Nearest to PinSkittles and Bombardment. Students will build on **locomotor** and **manipulative skills** through teaching for transfer in invasion games and net-court games eg Balloon Invasion, Bin Ball, Skittle Ball, Bump Ball and Circle Ball to further develop **fms** - bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk. Coordination will be pivotal when acquiring these skills.

Our whole school we will be also focusing on **running** – establishing the 6 cues that we can utilise to facilitate a sound running technique.

All children will participate in an intensive four session TRI SKILLS **gymnastics** program.

All children to complete the **Premier's Be Active Challenge**.

We will continue to encourage our students to identify connections that Physical Education has with mathematics and all other curriculum areas.

YEAR 3-5

In term 3 our Year 3-5 students will learn **volleyball** and exposing students to the **fundamental movement skills (fms)** skills of catching, passing, striking the ball with underhand and overhand, setting, spiking, blocking and digging. Children will learn the key terminologies of tracking, receiving, underhand and overhand serve, set, spike, block and dig. Children will learn **Spikezone** concepts and games.

Students will also be learning **Australian rules football**, focusing on feet and hands. Children will explore the various ways we can move an oblong ball with their feet and hands. Children will learn the **fms** of kicking, handpassing, catching, gathering the ball, evasion and bouncing. Children will learn the key terminologies drop punt, mark, handpass and front and centre. Children will learn some **AUSKICK** concepts and be introduced to basic game sense activities (encouraging decision making under pressure), moving towards modified games of Australian rules football.

Year 3, 4 and 5 students will be working hard to become competent in **organising themselves**, building **spatial awareness**, developing **locomotor** and **manipulative skills** through teaching for transfer games. All students will continue to refine and consolidate **fms**. Students will be performing are: bounce, gallop, roll, stop, catch, hop, run, stay, crawl, jump, swing, kick, skip, throw, dodge, leap, slide, trap, dribble, pull, turn, fall, strike and walk.

Our whole school we will be also focusing on **running** – reinforcing the 6 cues that we can use to refine our running technique.

All children will participate in an intensive four session TRI SKILLS **gymnastics** program.

All children to complete the **Premier's Be Active Challenge**.

Some lucky year 3/4 children will be participating in the Hot Shots Tennis school carnival.

We will continue to encourage our students to identify connections that Physical Education has with mathematics and all other curriculum areas.

YEAR 6-7

Our Year 6/7 students will be will learn **volleyball**, becoming proficient in the **fundamental movement skills (fms)** skills of catching, passing, striking the ball with underhand and overhand, setting, spiking, blocking and digging. Students will learn **Spikezone** concepts, rules and games.

Students will also be learning **Australian rules football**, focusing on feet and hands. Children will learn the **fms** of kicking, handpassing, catching, gathering the ball, evasion and bouncing, whilst starting to implement complex motor skills by linking skills together in a sequence to perform them in game sense activities, where active decision making will be essential. Our children will play modified Australian rules football games that are small sided to increase participation and learn about rules and game play. Our older students will be encouraged to utilise the CHANGE IT formula to motivate and stretch their thinking.

Our whole school we will be also focusing on **running** – consolidating the 6 cues that we can use to define a sound running technique.

Our Yr 6-7 students will be also be involved in making some decisions regarding our **whole school sports day**.

All children will participate in an intensive four session TRI SKILLS **gymnastics** program.

All children to complete the **Premier's Be Active Challenge**.

SAPSASA events this term are knockout boys and girls' soccer and girls' netball, and later in week nine, all students will be attending the annual lightning carnival.

We will continue to encourage our students to identify connections that Physical Education has with mathematics and all other curriculum areas.