

ALDGATE PRIMARY - TERM 1 WEEK 7 SPORTS REPORT

PREMIER'S BE ACTIVE CHALLENGE 2021

Children – don't forget to get your 2021 Premier's Be Active Challenges underway. The challenge requires individuals to record **one** hour of physical activity, **five** days a week, for **ten** weeks. Your log sheets are available from Mr Grigg. Our younger classes will be completing their challenges in term 2 and 3 during our health sessions but our older children (years 6 & 7) are expected to manage these.



SPORT DAY NEWS AND STUDENT LUNCH ORDERS

Last week families received a detailed letter from Leah and also a program of the day to help families to plan their day. **Student SUBWAY lunch orders** are being utilised and spare order forms are available from the front office. The deadline for orders are by **Wednesday 17th March**. Please return form with payment to Marian or Fiona in the office.

SPORT DAY INCENTIVE POINTS TALLY

Our children are already making tracks and achieving some fabulous results in PE. We've recognised many students doing well, participating, and achieving personal bests on the sports and physical activity front. Many sport incentive points (SIP) have been awarded by simply connecting with and following our school values in sports sessions.

Freeman	Meares	Pearson	Thorpe
335	340	343	337

Congratulations to **everyone this fortnight**, our sprints sessions this week bought out the best in all of us – so many personal bests that we can't keep up, 268 PBs just in sprints!!!!



SAPSASA STATE SWIMMING ANNOUNCEMENT

Congratulations to Ben Hurst and Oliver Stubing for making our Hills District Swimming team in 2021. Both Ben and Oliver will compete at SA Aquatic and Leisure Centre, Marion on the 26th March. They're part of the 10-year-old and 12-year-old 50 metre freestyle relay teams. Well done boys!



ATHLETICS 2021

Our PE program in term 1 has been all about Athletics. Not only does it complement our annual sports day but it also prepares our students for the Hills District SAPSASA Athletics carnival to be held on 7th April, in week 11. All students have trialled in the field and track events of discus, shot put, high jump, long jump, sprints and long distance running. Obviously for our younger children it is a basic introduction and modified to suit their abilities, whilst for our older children, it is about making tweaks to their technique to get the best out of their performance in different events. Over the years we have been collecting children's personal bests in the different events and this year we are seeing many new personal bests accomplished. Awesome dedication children.

Kindly the other day Mr Richards children wrote some 'quick writes' about their favourite track and field event and here are their passages. Thanks children.

So my favourite is long jump because I'm very active, good at jumping and I like sandpits. Asher

My favourite activity is high jump because I like to beat my record and help other kids to reach their full potential in high jump.

Noah

Sprints. I like running and the 800 metres. We haven't done the 800 metres yet but I know I'll love it. Oscar

My favourite Athletics event is high jump. The reason why I like it is because I'm not a sporty person but I find jumping fun so I really like high jump. Adeline

I love discus. I love it because I can throw it as far as I can! I try to get better at it. Ella B

I am good at long distance. It is my favourite and why you ask? Because it's stretching my limits the further the distance. My best 500metres time is 2 minutes and 3 seconds. Liam

My favourite event is the long distance because I like pacing myself for Mr Grigg. Riley

I like the sprints the most because I try my hardest to get 1st and try to do it for my team. I enjoy the feel of the grass and bounce when your trying your hardest. Juliet

My favourite athletic event at this school is all of them. I enjoy all of them, high jump, sprints, long jump and more. Maddison B

High jump is where you jump really high and that's why I like it so much. I am really good at it too. Zoe C

My favourite Athletics event is the high jump because I like to jump and be silly so it's perfect. I also like sprints because I am very energetic and I love to run. I also like long jump. Ella W

I love high jump because it's a bit easy and you land on a comfortable cushion. Henry S

I like Athletics but I like Swimming more. Swimming is my favourite. I have done it for ten years and I love to swim. This year I entered SAPSASA swimming also known as the Courier Cup. Sam

Discus because it's fun and easy to learn and I am good at it. Chloe

I love high jump and beating my personal best. I also like discus, it looks like a disc and you throw it. I like shot put too. Estelle

High jump is when you have two poles with measurements on it, a mat underneath it and a bar to jump over. I really like high jump because it challenges me and I like challenges. Sometimes I forget to use my arms to help me get over so if I don't make it then I try again. Nellie

My favourite event is high jump because I love challenging myself to another level, it's fun! Mabel F



SCHOOL SPORT SA KNOCKOUT BOYS CRICKET 2021

We have finally locked in a date for the boys triple header versus St Francis de Sales and St Joseph's Murray Bridge. We will do battle on Tuesday 23rd March and we are hosting the matches. We will take on St Francis de Sales in match 1, then the winner will take on St Joseph's Murray Bridge in match 2. The winner will progress to the second round.

COMMUNITY NEWS

Great to see some cool cats getting active in the community. The Rolfs brother and sister combo of Hugo and Daisy participated in a triathlon on the weekend and received a medal each for their efforts. Well done you two! Here's a snippet about the event. Thanks for sharing it with us.

On Sunday the 7th of March at 1:30pm we did a triathlon. We swam 50 metres, rode 2 kilometre and ran 400 metres. Anyone can do it.



ALDGATE PLAYER PROFILE 2021

Name : Alfie Bake

Age: 11 turning 12 this year

Class: Mr Huff

Favourite subjects: PE and word study

Favourite colour: Sky blue

Favourite food: Pepperoni pizza!

Favourite song: Fairly Local by Twenty One Pilots

Favourite book: Harry Potter and the Half Blood Prince

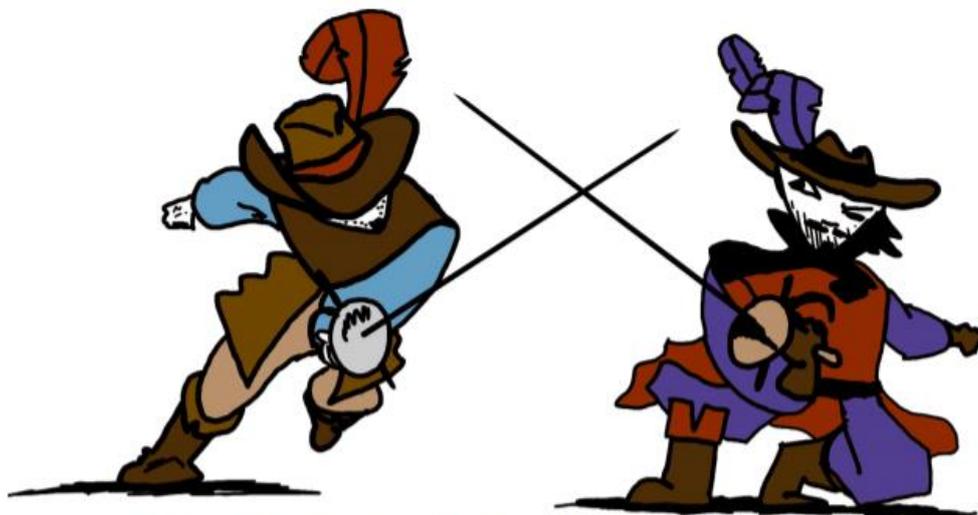
Favourite sport: Cricket, Volleyball (Aldgate Spikers) and Soccer.

My hobbies: MTB (Mountain Bike Riding), running and collecting Harry Potter stuff.

My mates: Cormac, Oliver Z, Spencer, Corby, Cooper, Daly, Lucas and heaps more!



The School's Guard



Calling all year 4 & 5 students - Your school needs you.

We are looking for eight students to become the official fencing team of the school.

After school Training & Competitions in the school hall/gym.

Learn the noble art of sport fencing and do battle against other schools!

Contact **Mr Grigg or Mrs Dawson** for more information.